



ANNUAL REPORT 2018

**Living
Well
Foundation**

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OVERVIEW SUMMARY

STRATEGIC FOCUS

The Foundation's strategies continue to focus to grant-making and specific initiatives for the health and well-being of the residents in the 8-parish service area of northeast Louisiana, with attention to the under-served and needy, especially children. In addition to the Dental Hygiene Initiative, an ongoing 5-year collaboration with ULM for the Riser school-based dental hygiene clinic and the mobile dental hygiene clinic, and the ongoing School-Based Health Center Initiative to place clinics providing medical, dental and behavioral health services on school campuses, the Foundation approved the Autism Center Initiative, a 3-year collaboration with ULM for evaluation and treatment of those diagnosed with autism spectrum disorder. To ensure further application and impact, the Foundation worked closely with Blue Cross Blue Shield of Louisiana Foundation to assist in leveraging resources within the area. The Foundation continued to connect intellectual expertise across interests, projects, and opportunities with non-profits, parish hospitals, government agencies, and education settings.

OPERATIONS

Revenues continued to outpace expenses as interest rates increased for better returns on re-investment of maturing notes and bonds and elimination of past premium amortization. Investment activities were focused to short-term money market and CD instruments. New grant awards of \$332,899 were approved for projects to be implemented during 2019, with an increase in grant requests and more funding across the service area. In the School-Based Health Center Initiative, \$20,568 was awarded to Richland Parish Hospital for vision screening equipment at its 3 centers in the parish, and activities continued for further development of school-based health centers to outlying parishes. Approved funding for the Dental Hygiene Initiative totaled \$27,672 for the Riser clinic and the mobile clinic. The Autism Center Initiative was approved at \$34,000. Relationships to federally qualified health centers (FQHCs) and regional parish hospitals continued to add value for future opportunities.

LOOKING AHEAD

The Foundation continues to expand relationships within the service area, and the startup of new school-based health centers will be realized as networking evolves. Alignments to organizations that can create growth and improvement within services will be important. Working with regional non-profit agencies, education, and healthcare leaders will ensure prudent use of resources for major results through funding. The pursuit of large impact medical services or programs continues to be of importance to the Foundation with continued study for a trauma center in northeast Louisiana. Strategic partnerships and leveraging of resources will continue to be pivotal.

Alice M. Prophit
President/CEO

Courtney Hornsby
Board Chair



2018 BOARD OF DIRECTORS

Courtney Hornsby, *Board Chair* *
Chief of Staff – City of West Monroe

Florence Gibson, Ph.D., LMFT, APRN-CNS, *Vice Chair, Programs/Grant Review Committee* *
Marriage/Family Therapist – Positive Changes

A. Whitfield Hood, Jr., *Vice Chair, Finance/Investment Committee* *
Retired Banker

Louis E. McGuire, Ph.D., *Vice Chair, Planning/Operations Committee* *
Retired Psychologist

Dave N. Norris, Jr., Ph. D., *Board Appointee* *
Chief Research and Innovation Officer – LA Tech University

Jim Allbritton, CPA
Private Practice

Don Banks
Pastor – Greater Realness Church

Jacquelyn Carter, M.D.
Medical Director – VA Outpatient Medical Clinic

Deion Hemphill, CPA
CFO- LA Plastic Industries

G. Robert Huffstutter, D.D.S.
Dentist

Ken Phillips
Director, Video Operations - CenturyLink

John Shepard, DDS
Dentist

* *member of Executive Committee*

MISSION, VISION, AND SERVICE AREA

Mission Statement:

The Living Well Foundation is committed to improving the wellness of our communities and the physical and mental health of individuals in the service area.

Vision Statement:

Through its programs, grants, and initiatives, and networking with area agencies and healthcare providers as well as school boards, state universities and colleges, and other government entities, the Living Well Foundation envisions a future of improved quality of life and well-being for the populations of the Service Area with measurable social and economic impact.



8-parish service area of the Foundation

FINANCIAL SUMMARY

STATEMENT OF FINANCIAL POSITION

The value of the Foundation's net assets reflected an increase of \$101,938 during 2018 as compared to an increase of \$196,430 in 2017, due to the fluctuations in market valuations. Investment income increased in 2018 related to the interest rate increases on the money market account and the decrease in premium amortization. Total revenues remained in line to 2017 due to the increase in unrealized losses. Expenses were higher in 2018 based on increases in funding for grants and programs, professional fees, and contractual services.

	FOR THE YEAR ENDED DECEMBER 31	
	2018	2017
Revenues		
Investment Income	\$ 859,620	\$ 784,094
Unrealized Losses	(89,826)	(17,466)
Event Revenue	8,304	9,025
Gifts and Endowments	850	1,200
Total Revenues	778,948	776,853
Expenses		
Health and Welfare	675,010	580,423
Increase (Decrease) in Net Position	103,938	196,430
Net Position at beginning of Year	47,103,672	46,907,242
Net Position at end of Year	\$ 47,207,610	\$ 47,103,672

FINANCIAL SUMMARY

STATEMENT OF TOTAL OPERATING EXPENSES

Total operating expenses were \$675,010, including \$381,665 for grants, programs, and initiatives, and including \$293,345 for other operating expenses. Within other operating expenses, professional fees and depreciation totaled \$133,110 and administrative expenses were \$160,235.

TOTAL OPERATING EXPENSES	
Grants, Programs, and Initiatives	\$ 381,665
Accounting, Auditing, Insurance, and Legal Fees	62,831
Investment Management Fees	70,279
Administrative Expenses	160,235
Total Operating Expenses	<u>\$ 675,010</u>

STATEMENT OF EXPENSES FOR GRANTS, PROGRAMS, AND INITIATIVES

A grant cycle was held in the Fall of 2018 with \$332,899 awarded to 20 agencies for projects within the 8-parish service area. In addition, \$27,672 was awarded through the Dental Hygiene Initiative with the University of Louisiana at Monroe (ULM) for the Riser school-based dental hygiene clinic and the mobile dental hygiene unit, and \$34,000 was provided through the Autism Center Initiative with ULM to support evaluation and treatment services for those diagnosed within the autism spectrum. There was no new School-Based Health Center Initiative funding provided during 2018 as work continued for future potential start-ups.

GRANTS, PROGRAMS, AND INITIATIVES	EXPENSES
Grant Awards	\$ 332,899
Dental Hygiene Initiative	27,672
Autism Center Initiative	34,000
Sub-Total of Funding	<u>\$ 394,571</u>
Return of Unspent Grant Awards	<u>(12,906)</u>
Total Grants, Programs, and Initiatives	<u>\$ 381,665</u>

INVESTMENTS AND HOLDINGS

As of December 31, 2018, the portfolio of the Foundation included U.S. - backed notes and bonds of varying maturities not to exceed 8 years with an average duration of 3.2 years, and total actual holdings (without variance for market value) of \$48,393,632, including certificates of deposit and the money market account. The Foundation's investments on 12/31/18 consisted of the following securities at fair market value of \$47,356,292.

INVESTMENT TYPE	FAIR VALUE	% OF TOTAL
Federal Farm Credit Bank Agency Notes	\$ 15,712,805	33.2%
Federal Home Loan Mortgage Corporation Agency Notes	9,090,401	19.2%
Federal Money Market Account at Argent	6,858,632	14.5%
Federated Home Loan Bank	6,683,123	14.1%
Federal National Mortgage Association Agency Notes	4,478,742	9.5%
Certificates of Deposit	3,250,000	6.9%
U.S. Treasury Notes	1,282,589	2.7%
Total	\$ 47,356,292	100.0%

Monies from matured or called bonds and notes, and interest earned, are managed in a money market mutual fund at Federated Investments as a "sweep account" invested in short term U.S. Treasuries. Banks in Louisiana, or those with a branch in Louisiana, held time certificates of deposit within the investment portfolio and secured by the FDIC or with pledged securities. The Foundation maintains a checking account at Origin Bank, Inc., with a bank balance of \$83,921 as of 12/31/18, secured by the FDIC.

SCHOOL-BASED HEALTH CENTERS (SBHC) INITIATIVE

ON-CAMPUS HEALTHCARE SERVICES FOR STUDENTS

As part of its strategic goals, the Foundation seeks to start up at least one school-based health center (SBHC) in each of the 8 parishes in the service area. This can best be accomplished through relationships with school boards, federally qualified health centers, or local non-profit hospitals to ensure ongoing long-term viability and community support.

As defined by the Louisiana Office of Public Health's Adolescent School Health Program (ASHP), "a school-based health center provides convenient access to comprehensive, primary, and preventive physical and mental health services for public school students at the school site". While all students have equal access to the services, meeting the medical and mental health needs of the un-insured and under-insured children and youth at school can assist in providing care and intervention where it may otherwise not be sought or provided.



School-based health centers operate according to age appropriate, current, and recognized standards of care and treatment, with care delivered by a team of licensed clinical staff at the center.

Services include primary and preventive health care, behavioral health care, comprehensive health assessments, sports physicals, treatment of acute illnesses and injuries, immunizations, co-management of chronic diseases such as asthma and diabetes, health education and prevention programs, dental services where available, case management, and referral to specialty care when needed.

During 2018, funding of \$20,568 for 2 SPOT vision screening cameras were provided to Delhi Community Health Center, a federally qualified health center and a subsidiary of Richland Medical Center. With these cameras, more extensive and accurate screening can detect the potential indication of common vision problems that are missed through current screening methods. By doing so, health outcomes can be improved while possibly correcting the root of a child's learning problem where applicable.



SCHOOL-BASED HEALTH CENTERS (SBHC) INITIATIVE

While there were no new start-ups in 2018, networking within the parishes continued in order to seek or establish future settings for the centers. The current established school-based health centers within the 8 service area parishes include the following:

Morehouse Parish – Morehouse Junior High School and Bastrop High School SBHCs (owned by Morehouse Community Medical Centers, Inc., FQHC)

Ouachita Parish – West Monroe High School and Riser Middle/Elementary Schools SBHCs (owned by Morehouse Community Medical Centers, Inc., FQHC)

Richland Parish – Delhi High School and Rayville High School SBHCs (owned by Delhi Community Health Center FQHC, a subsidiary of Richland Medical Center)

These school-based health centers also serve feeder schools within proximity to the clinics for extended student access to medical care.

In addition, Jackson Parish Hospital partners with Jonesboro-Hodge High School to have clinical staff on campus for medical services with triage to the hospital for extended care. While this is not a traditional designated school-based health center with full medical staff provisions or services, it assists to provide care for students at the school.

Union Parish and Franklin Parish healthcare providers and school systems continued to investigate the possibility of school-based health centers.



DENTAL HYGIENE INITIATIVE

Within the provisions of a memorandum of understanding with ULM for the Dental Hygiene Initiative, the Foundation continued to support the work of the Dental Hygiene Department by funding services through the Riser school-based dental hygiene clinic and the mobile dental hygiene unit (MDHU). These clinics typically provide care at no charge to those who do not have access to, or do not access, local dental care services and who are medically under-served or un-insured.

RISER SCHOOL-BASED DENTAL HYGIENE CLINIC

As a teaching environment for the University, the dental hygiene clinic at the Riser Elementary/Middle Schools is staffed by the ULM professionals and senior students.

There are 3 chairs at the clinic, and care was delivered 2 full days and 3 half days depending on the semester and school schedules.

For 2018, there were \$15,466 expensed out of \$18,672 budgeted.



TREATMENT	2018	2017
Dental visits	435	483
Cleaning (prophylaxis)	327	376
X-rays	130	151
Sealants (number of students)	56	52
Fluoride treatments	368	425

DENTAL HYGIENE INITIATIVE

MOBILE DENTAL HYGIENE UNIT (MDHU)

In a mobile clinic owned by ULM, dental hygiene services are provided through state-of-the-art equipment and by senior dental hygiene students under the supervision of a dental hygiene professional. The mobile unit parks each semester at a school location or community access point, including a month on the University campus.

These services provide dental hygiene care to those served with priority to children or youth. The Foundation assists in funding the supervisory dental hygiene professional and for partial maintenance of the mobile unit.

Services are provided at no charge and are sometimes the first time of care for many.

In the spring, the mobile unit was at Lenwil Elementary School for 2 full days and 3 half-days, and on the ULM campus during May.

During the fall semester, the mobile unit was at Riverbend Elementary School and saw patients 4 half-days a week during school schedules.

There were 56 ULM dental hygiene students who practiced at the clinic during 2018.

Referrals for intervention and follow-up when needed are made to local dentists.

For 2018, there were \$5,500 expensed out \$9,000 budgeted.

Matching funds included a Delta Dental grant of \$10,000 and two Entergy grants totaling \$4,000, with an additional grant of \$20,000 from Delta Dental Foundation for campus clinic services.

TREATMENT	2018	2017
Dental visits	342	378
Cleaning (prophylaxis)	262	270
X-rays	196	184
Sealants applied (total)	400	226
Fluoride treatments	321	343

GRANTS AND PROGRAMS

ACTIVE GRANT PROJECTS DURING 2018

There were twenty-one active projects during 2018 in fulfillment of previously awarded grants. These projects were delivered by various non-profit agencies throughout the 8 parishes of the service area.

ARCO of Northeast Louisiana - \$16,020 – Transdisciplinary Teaming in Early Intervention

This grant provided for physical therapy and occupational therapy interventions for children with developmental disabilities. A full-time professional instructor in behavior and child development was hired as part of this grant, with consultations also provided by licensed clinical specialists. Training was provided in the clinic as well as the patient home. A resource book for care professionals was developed. In addition, needed therapeutic equipment was purchased.



Over 25 children and their caregivers were given therapeutic intervention or education and support. Over 50 hours of counseling sessions were also provided for parents or caregivers to assist with methods of home care or development and support. A joint training with the ULM Occupational Therapy Department was provided.

Billing for reimbursement is utilized for professional components where possible, and this capability assists to ensure future sustainability.

Biomedical Research Foundation d/b/a University Health Conway - \$11,904 – Vein Visualization for Improved Pediatric Inpatient Care

Two vein illumination devices were purchased to be used for improving the ability to find veins on infants and other patients as needed through the emergency department and the pediatric care unit. Training was provided for clinical staff throughout the hospital. The reduction of "sticks" needed for successful venipuncture was achieved through the use of the equipment by all staff. A reduction in time for intervention was also reported.

As the hospital transferred from ownership from BRF to Ochsners/LSU Health, the completion of the project was ensured by the hospital staff and other leaders. The equipment remains at the local hospital for ongoing use.



GRANTS AND PROGRAMS

Boys and Girls Clubs of Northeast Louisiana – \$10,000 - Triple Play



An ongoing national program for nutrition, exercise, and education for children was supported by a grant to ensure continued application within the local club.

Healthy snacks, physical activity, and supervised and mentored programs with tutoring were offered to participating students after school in a safe and secure environment.

Broaden Horizons - \$6,000 – Performing Arts Summer Camp

In a summer camp setting for 6 weeks, Broaden Horizons offered performing arts activities to 45-60 middle and high school students for 40 hours each week. Professional instructors provided direction for areas of drama, dance, instruments, creative drawing/painting/writing, and music technology.

The summer camp provided opportunities for emotional healing and restoration from life stressors through artistic expression.

A performance with large participation from the parent/caregiver community was held at the closing of the summer camp.

These activities increased self-awareness, self-confidence, and self-reliance, as well as teambuilding and trust components.



Children's Coalition of Northeast Louisiana - \$15,000 – Suicide Prevention: Connecting our Youth

Over 1000 students were trained in Signs of Suicide and over 600 students were screened, with 56 students referred for further services. Ninety students and 30 school counselors were trained in the CONNECT Program, a nationally accredited program which trains youth leaders and adults to serve in support roles to suicide awareness and intervention.

In addition, 60 ULM nursing students were trained in suicide prevention. These participation and training rates beat the national average of 20% participation, with ongoing local support and involvement by schools, adults, and youth leaders.



GRANTS AND PROGRAMS

Family Promise of Ouachita - \$15,000 – Shelter Capital Equipment and Repair Project



Major repairs and equipment purchases were made to ensure a safe and productive site for sheltering. A washer and dryer were installed for resident use, with lockers for essentials also provided. Roof repairs were achieved and rotten floors were replaced, with further repairs to plumbing and exteriors.

Sixteen families with children were sheltered, with 2 families utilizing the transitional properties. This included 17 adults and 27 children, with 5 children aged between 12-17 and 22 children newborn to 11 years of age.

The majority of these families moved into homes with employment and benefits that will help them maintain self-sustaining housing.

Louisiana Center for the Blind - \$14,485 – LIFE (Literacy, Independence, Fitness and Empowerment)

Equipment was purchased to assist with reading, kitchen skills, and printing. Eight high school students worked with this specialty equipment to research products and topics and produced several books related to hygiene and self-care.

Ten elementary/middle school students took part in a 3-week Buddy Program and benefitted from these technologies to build reading speed and fluency and prepare healthy recipes.



A seminar was held for blind and visually impaired high school and college students with twenty participants in workshops and trainings.

These critical initiatives were designed to foster independence, community involvement, and employment for subsequent generations.

GRANTS AND PROGRAMS

Louisiana Emergency Response Network (LERN) - \$13,853 – Stop the Bleed



From the Homeland Security information, Stop the Bleed is a national awareness campaign to encourage bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives.

During the project year, twelve hemorrhage control kits were placed in Ouachita Parish schools, with 8 nurses trained from the Office of Public Health, the school-based health centers, and one rural hospital. Additional instructors were trained from fire departments, ambulance and air evac services, and the Ouachita Parish Sheriff's office.

Other specialty equipment for bleeding control was also purchased and distributed to various settings, and instructors received bleeding control kits for teaching purposes. Thirty-six classes were taught, with 1,323 students and 27 instructors trained. Community awareness and interest have increased so that more classes can be offered in many different settings.

Louisiana Public Health Institute (LPHI) - \$5,000 – Ouachita Youth Coalition

The Ouachita Youth Coalition is a partnering network made up of education, government, and health and legal professionals who work towards enhancing adolescent health. The second Ouachita Youth Coalition training was held including how to respond to sensitive questions addressing personal values. Subsequent trainings have been offered to community partners.

A separate training on advocacy was held including legislative processes, basic issues of advocacy, and advocacy vs. lobbying.

A summit was held with 328 middle and high school students from Ouachita Parish and Monroe City Schools on topics of disease prevention, risks of binge drinking, opioids abuse, child sex trafficking, and how to serve society with success. National author Pamela Samuels Young was keynote speaker.



GRANTS AND PROGRAMS

Morehouse Parish School Board - \$16,000 – Community Learning Center: Zumba and Nutrition Education for 4th – 7th Graders at Morehouse Junior High School

Through nutrition classes and physical activities, middle school students improved their overall health. Over 200 students participated in Zumba classes and nutrition education sessions. Exercise equipment was purchased, and healthy snacks were prepared.

These classes will be offered at additional schools in Morehouse Parish, and the activities will be included in the 21st Century grant application for sustainability.



Northeast Louisiana Children's Museum - \$5,000 – Healthy Kids Inside and Out



The healthy kids exhibit featuring Stuffee, a 200-pound oversized doll, traveled to 5 parishes with 50 presentations in schools and 1,983 students participating. The hands-on presentations engaged students in learning about systems of the body and how it works.

Many under-served students in rural areas were able to experience the museum program and the unique presentation for the first time.

Northeast Louisiana Sickle Cell Anemia Foundation - \$7,500 – Know Your Sickle Cell Status Express

Funds were approved to assist in the purchase of a van, contingent upon matching funds. Assisting clients to appointments, special camp events, and supportive services are important ongoing functions of the organization. The most important aspect of support and education is identifying those at risk for sickle cell anemia, most of whom are not aware they carry the trait.



GRANTS AND PROGRAMS

Ouachita Parish School Board - \$20,000 – Get Active, Get Motivated, Get Educated v2

Funding was awarded for a second year for GoNoodle, an online program that provides physical activity breaks along with brain stimulation exercises for elementary school students. Because most elementary schools do not have P.E. teachers, these activities become important for health and performance.

Over 12,500 students participated in various activities at 22 schools and 2 community locations. The lowest performing schools increased their active user time and physical activity breaks. These activities help improve performance factors for students and decrease the risk of failing or falling behind.



Salvation Army of Monroe – \$15,000 – Red Shield Emergency Shelter Renovation

After temporary closure of the shelter in 2017, renovation and renewal were essential for the Salvation Army in the region. Bunk beds, major kitchen equipment, and supplies were needed, along with reconstruction, to re-establish the presence of the shelter as a safe, clean, and healthy setting.



Upon reopening in July 2018, occupancy capacity increased to 56 beds with separate areas for men, women, and children. Specific screening requirements were implemented to keep the shelter safe and efficient for all. Transition to permanent housing and social services for mental health were provided.

A safe children's play area was designated with toys, mats, and a mural. The Thrift Store was reopened to provide future supportive revenues.

Over 2,342 clients were served in 2018, with 6,854 meals served, and distribution of grocery food boxes and personal comfort kits. Collaboration with public agencies assisted to provide community services in partnering arrangements. A total community involvement and strengthened local leadership assisted to re-establish the Salvation Army locally. While these are initial successes, efforts to ensure ongoing sustainability are continuing with revitalized Board structure and fundraising.

GRANTS AND PROGRAMS

The Health Hut - \$10,000 – *La Salud de la Familia (The Health of the Family)*

Working as a translator, an Hispanic LA Tech University college student majoring in pre-med worked closely with nurses and physicians to meet the medical needs of the Hispanic population. Teaching tools and medical information were provided in Spanish for the patients. The patients were better able to comply with and follow medical instructions.

An increase from 34 to 138 patients in the designated day of clinic was seen and resulted in an extension of clinic days for the population.



ULM The Autism Center - \$32,196 – *The Autism Center*



In support to the Autism Center on the campus of ULM, funding was provided for expansion of evaluation and treatment.

Response from the region was exceptional, and scheduling and evaluation of patients were primary to resolve. Wait time was reduced from 6 months to 28 days or less. Ages 2-14 were seen, with expectation to expand to adults soon.



New space was designated by ULM for the separate clinic. Workshops and conferences were held to train clinical professionals from broad areas of the state. Additional grants were approved by various agencies as recognition of the Center's services was realized. Legislative actions were advocated through Congress, and the awareness and knowledge regarding autism and the spectrum was expanded.

After 3 successful years of funding, the Foundation entered a 3-year memorandum of understanding with ULM to ensure ongoing support to the Autism Center, effective January 2019. This will provide assurance and expansion of services for the region as sustainable and matching funds are sought.

GRANTS AND PROGRAMS

ULM The Occupational Therapy Clinic - \$34,060 – OT to Promote Literacy in Children with Physical, Learning, and Behavioral Issues



To expand services in the specialty clinic, a part-time OT consultant was hired to direct services. A sensory room was established to provide appropriate sensory experiences and modulation for children who have deficits that interfere with their daily activities. This room was used daily and provided the needed space for the services.

A stove, dishwasher, and 3D printer were purchased, all regularly utilized in the clinic by older children and teens to improve skills that will assist in their daily activities. Forty-two children received evaluation and intervention, typically at no fee. Treatments addressed problem areas such as difficulties in handwriting, attention span, behavior, feeding and oral motor function, socialization and play with other children, and sensory processing.

ULM The Speech Language Pathology Clinic - \$10,500 – Community Literacy Project



As part of needed services for the clinic, renovation of existing space was essential to deliver appropriate services for children and groups. Painting, flooring, furniture, and special equipment were included in the project.

Twenty children participated in the literacy residency at local schools. Parents of foster and adopted children attended a session to support their children's literacy development. A focus group was held with teachers of students in the residency program and future sessions will be planned. Thirty books were published from the written work of the students.

Union General Hospital - \$35,000 – Eat Healthy, Be Active Community Program

To provide community access for physical fitness and health activities, a walking path was funded at the parish hospital. Fitness activities include multi-use and circuit training along the path. Those rehabilitating from injury or disabled can also access the walking path. Although weather hampered the completion in 2018, the path is expected to be completed by September 2019.



GRANTS AND PROGRAMS

United Way of Northeast Louisiana - \$15,000 – Community Housing for the Homeless



As part of the emergency need for homeless sheltering during the first quarter of 2018, United Way administered funds for other sheltering options as renovations occurred at Salvation Army of Monroe. Agencies that could temporarily provide sheltering participated in the effort. Forty-two residents were sheltered, and 2 agencies received payments in support. A coalition of business and providers was formed as part of the ongoing activities.

Wellspring Alliance for Families - \$7,500 – Start Something for Healthy Futures

Support services for 49 youth at the elementary school in Union Parish were offered for improved socio-emotional interactions and life skills. Sixteen weekly sessions were held addressing safe and unsafe touching rules, personal safety, bullying recognition, and cyberbullying reporting. Evidence-based programming was utilized to ensure age-appropriate instruction. Information about healthy lifestyle choices was also presented. The goal of the program is to teach skills that can be applied over the course of a lifetime.



NEW FALL 2018 GRANT CYCLE

In new funding awarded during the fall 2018 grant cycle, there were 32 applicants and 20 funded grants for a total of \$332,899 which included activities by agencies in various parishes in the service area.

The priorities of the 2018 fall grant cycle were *“Promoting Healthy Lifestyles Through Education, Awareness, and Wellness Services”*, *“Improving Access to Healthcare Through Availability and Affordability”*, and *“Addressing Special Healthcare Needs of Infants and Minor Children”*, with a focus of *“all ages; new or expanded programs or services for medical, dental, or behavioral health; special emphases to qualified school, hospital, or health clinic settings; inclusion of matching funding, a plan for sustainability, and large impact for the region”*.

The following new grants were awarded for projects within the 8-parish service area in 2018 with application of programming to begin in 2019.

GRANTS AND PROGRAMS

Fall 2018 Grant Cycle - Grants Awarded

Organization Name	Project Name	Project Description	Funding Approved
Downtown Monroe and Greater Ouachita Lions Club	CubSight	Two vision screening cameras for all Ouachita Parish pre-k and 3rd grade students	\$ 12,520
Louisiana Center for the Blind	Fitness without Barriers	Gym for overcoming barriers to using fitness equipment	\$ 16,320
Louisiana Emergency Response Network	Stop the Bleed Education	Educate 12 of 37 schools for bleeding intervention and education	\$ 12,334
Louisiana Endowment for the Humanities	PRIME TIME Head Start: Encouraging Healthy Weight & Nutrition through Sports	Sports/nutrition program and tee ball league for head start students and their parents as coaches	\$ 2,500
Louisiana Tech University - Psychological Services Clinic	Providing Mental Health Services to LGBT-Identified Community Members of NELA	Increase awareness of available services to all populations served by the clinic	\$ 1,800
Louisiana Tech University - Schools of Nursing and Entrepreneurship	AI to Reduce AED Response Time	Mobile app development to locate AEDs in the community working with the Ruston Fire Dept	\$ 21,477
LA United Methodist Children & Family Services - Outdoor Wilderness Learning Center	The Pegasus Project	Therapeutic riding classes for special ed students in Lincoln/Jackson Parish schools	\$ 15,000
Morehouse Community Medical Centers	Richwood High School Career Center Partnership	Instructors for medical teaching programs in the high school	\$ 25,000
Ouachita Parish School Board	Riverbend Community Health Park	A new park located between the school and the WM Community Center for the students and the community; funded with BCBSLA Foundation	\$ 30,000
Rays Of Sonshine	Healthy You	Renovation of buildings for health education and participation classes for clients	\$ 23,150
The Health Hut	La Salud de La Familia - Part 2	Increase time for the translator and purchase needed supplies/equipment	\$ 18,998
The Northeast Louisiana Children's Museum	Eat Well, Play Well	Rent a traveling exhibit for health and wellness information for children	\$ 4,500
The Salvation Army of Monroe	Monroe Assistance Programs	Repair buildings and purchase needed security items as capital expenses	\$ 25,000
Union General Hospital	Promoting Health Eating and Physical Activity for a Healthier Community	Equipment and supplies for a health and nutrition education program	\$ 8,300
ULM - Kitty Degree School of Nursing (KK)	Healthy Today, Healthy Tomorrow	Provide screening services for populations at various events in rural areas; funding also provided by BCBSLA Foundation	\$ 2,500
ULM - Kitty Degree School of Nursing (RH)	Mobile Bridge to Health	Provide mental and medical health screening and services to clients at shelters in the area	\$ 26,000
ULM - OT Clinic	Occupational therapy services for adults who are underserved	Equipment for treatment and medical record systems	\$ 20,000
ULM - College of Pharmacy	Promotion of enhanced access to health care	Men's health events in the area to promote prostate cancer awareness and screening; funding also provided by BCBSLA Foundation	\$ 13,500
The Wellspring Alliance for Families, Inc.	The Wellspring "YES!" Program	Extend services with Union Parish for mental health and program interventions	\$ 10,000
Workforce Development Board SDA-83, Inc	NELA Nursing Adjunct Faculty Project	Add adjunct faculty at area nurse education programs to address the nursing shortage; funding with BCBSLA Foundation	\$ 44,000
Totals			\$ 332,899

OTHER INFORMATION

INDEPENDENT AUDITORS' REPORT

The 2018 annual audit was performed by Huffman & Soignier, APAC, located in Monroe, Louisiana, and concluded on May 9, 2019, with no findings and an unmodified opinion on the financial statements.

A complete 2018 audit report as well as the 2018 Form 990 tax return can be found on the Foundation's website, www.livingwellfoundation.net.

CONTACT INFORMATION

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www.livingwellfoundation.net

The Living Well Foundation is a non-profit public charity created from the sale of Glenwood Regional Medical Center in 2006. The proceeds are invested, and grants and initiatives are awarded within the service area from the earnings on the assets.

