



# Fall 2012 Grant Cycle

**Total Amount Awarded: \$219,185**

## Organization / Amount Funded

### **Children's Coalition for NELA - \$40,410**

We envision continuing our current initiative, Safe and Healthy Kids, a health and safety education program for children and families. We will further increase our focus on Latino families on the same topics including areas that are specific to the Spanish speaking communities in our region. Our main areas of focus include Nutrition and Fitness, Child Passenger Safety and Safe Sleep. We will also continue with our water watcher and bicycle helmet summer campaigns. In the area of nutrition and fitness, we will continue to partner with the LSU AgCenter and their traveling kitchen to offer hands-on education on proper nutrition and weight management and will continue our Speaker's Series to bring in experts in the topics relevant to our focus areas and our region. In the area of Child Passenger Safety, we will work to educate children, child care centers and community on the importance of the proper use of car seats as well as to educate parents on the proper installation and use of car seats. We will also serve as a resource to provide car seats as needed. In the area of Safe Sleep, we will educate parents and caregivers on the guidelines for Infant Sleep Safety and SIDS Risk Reduction. We will work towards making the Safe Sleep Summit an annual event. We will also provide pack and plays as needed. We will continue to partner with our local SHARE support group to offer grief resources for families in the loss of an infant.

Our current initiative, Safe and Healthy Kids, has been a natural fit for the Children's Coalition and has integrated seamlessly into the work that we do, which is working with school systems, child care centers, school based health centers, hospitals and other community organizations who have a vested interest in the health of our region's children.

Contact: [Mary Barrios – \(318\) 323-8775 – office](#)

### **Family Promise of Ouachita - \$45,075**

Family Promise of Ouachita is a 30-90 day transitional homeless shelter that targets homeless families with children. We offer them a safe place to plot out the first steps of the rest of their lives. We offer Budgeting classes, assistance with resume and interview skills, help with the job search, emotional support, reassurance, and assist in places where their need exceeds their resources. We also work to connect them with community resources such as Primary Health, housing grants, counseling centers, clothing and financial assistance, and many other things.

We believe in Family integrity through this process, and we are the only shelter in this area that allows the whole family to stay together. This promotes a more positive outlook while going through these very difficult times. The steps vary with each and every family, but the end goal is the same. Families to be independent, self-sufficient, healthy, positive, and motivated in their own home.

Contact: [Sandra Jones – \(318\) 348-2132 – office](#)

### **Health Hut – \$86,000**

The Health Hut Wellness Campaign (HHWC) will expand on the work of the Health Hut, to create a comprehensive community-based initiative focusing on multiple, best practice, health and wellness strategies to prevent weight-related chronic diseases prevalent in Lincoln Parish. This new HHWC initiative will use the strong connections that the Health Hut has already established to more actively integrate multiple levels of local parish organizations, including churches, small businesses, Lincoln Parish Schools, postsecondary institutions, Focused Fitness, nonprofits such as the Health Hut (lead applicant) and the Boys and Girls Clubs of North Central Louisiana, into a comprehensive program to improve the health of the whole parish population. The involvement of these community organizations, which operate in different parish populations, will serve to broaden participation beyond the current target population, which is the Lincoln Parish uninsured. In addition, the Health Hut mobile unit staff will continue to coach/educate patients on issues related to tobacco free living, healthy eating and active living. Specifically, the agency has selected several research-based, best-practice strategies designed to decrease tobacco use and increase the levels of physical activity and proper nutrition, and the use of high impact quality clinical and other preventive services for the intervention population. Additionally, these strategies, selected from the CDC's list of approved methods, are designed to decrease rates of obesity and weight-related health problems in the intervention population. Key selected strategies are designed to provide specific health goals from the CDC and the State of Louisiana's Community Transformation Grant Program. The primary goal of this project is to lower health disparities (particularly regarding wellness programs) among the underserved / uninsured of Lincoln Parish residents.

[Contact: Dr. Leonel Lacayo – \(318\) 513-1212 – office](#)

### **Ouachita Outreach of West Monroe Community Center - \$36,000**

Children and youth grades one through eight, throughout the academic school year and summer, will participate in experiential instruction in nutrition with the purpose of reducing childhood obesity. Families in poverty tend to purchase less expensive food high in carbs, sodium, and sugar, filled with more empty calories than food sustaining nutrition and energy. The inclusion of fresh fruit becomes a luxury for free and reduced food service recipients. Explorations in nutrition and a rigorous program of fitness will provide for healthier choices among the children and, hopefully, the families. An organic garden will be designed, maintained, and harvested by the students who will learn to prepare and/or take home the fresh vegetables. Instruction in nutrition will include age appropriate activities for student participation in the design, planting, maintenance, and harvesting of their vegetable garden planted in the outdoor classroom of the center. Students will be taught the balance of nutritious foods and the preparation of healthy snacks.

[Contact: Meghan Olinger – \(318\) 397-6839– office](#)

### **ULM - \$11,700**

This proposal addresses need associated with operation of a Mobile Dental Hygiene Unit. The MDHU is helping to provide affordable and accessible dental hygiene care services to underserved populations. The purpose of this project is to expand the area of dental services to other Northeast Louisiana parishes. To date, the MDHU has provided services to patients in Ouachita, Morehouse, and East Carroll parishes. Funds are being requested for operational expenses and supplies. Plans are to expand services to Richland parish during the 2012-2013 academic year. This grant will help to assure the continued existence of accessible, affordable dental care. With the purchase of the unit in 2010, two goals were to provide care to citizens in rural parishes of Northeast Louisiana while also providing community clinical experience to dental hygiene students. The original long-term goal of this project was to expand dental services to other Northeast Louisiana parishes, many of which have been designated as Primary Medical Health Professional Shortage areas and /or Medically Underserved areas. Broadly speaking, the program's goals are to provide quality

individualized patient centered dental hygiene care to diverse populations within the community, to participate in an promote collaborative community health programs, and to serve as a resource of oral health knowledge and education for the community and healthcare professions. The MDHU has played a major role in helping the department reach its goals. Ouachita was the first parish to service, and additional funding allowed the MDHU to expand services this past year to Morehouse, and East Carroll parishes. The hygiene department also had a contract with the Louisiana Department of Health and Hospitals for a Sealant Initiative in schools for the 2011-2012 academic school year. The programs worked collaboratively towards achieving one of the Healthy People 2020 Oral Health Objectives by promoting sealants for school children.

Contact: Kimberly Whorton – (318) 342-1623 – office

## **Additional LWF Initiatives**

### **Children's Book Series**

Contact: Cindy Foust, AlphaKidz – (318) 651-0833 – office  
(318) 372-2762 – cell

### **School Based Health Clinics**

#### History

- Riser Clinic opened Jan. 7, 2002 & WMHS Clinic opened Sept. 28, 2007
- Funded by grant from OPH-ASHI in amount of approximately \$130,000 annually
- Sponsor provides a minimum of 20% matching funds (also funded by billing). Sponsor must be nonprofit. OPSB and Living Well Foundation collaborated to sponsor SBHC
- OPSB provides building, maintenance and utilities
- 3 year contract with OPH expires June 30, 2013, renewable upon meeting contract requirements

#### Services Rendered:

- Acute illness diagnosis & treatment (includes labwork – strep, mono, HGB, Glu, urinalysis, etc.)
- Management of chronic illness
- Comprehensive and sports physicals
- Immunizations
- Vision, Hearing, Diabetes, HTN screenings with referrals
- Mental health counseling
- Dental hygiene clinic (Riser)

2 Clinics: 1. Riser Clinic - Serves Riser Elementary, Riser Middle, Lenwil, Riverbend, Crosley  
2. WMHS Clinic - Serves WMHS, Boley and OPAC

Contact: Wendy Cranford – (318) 387-8411 – office  
(318) 366-0999 – cell  
(318) 396-2846 – home

**Picard Center** – **\$99,074** (FQHC Research)

Contact: John Lacour – (225) 937-8834 – cell

**Health Hut** - **\$3,000** (purchase of exercise equipment)

Contact: Dr. Leonel Lacayo – (318) 513-1212